

# How can I save money on my fuel bills?

Other leaflets in this series:

Academic:

I disagree with my marks  
I hate my course  
I've been accused of plagiarism

Housing:

Do I need to pay council tax?  
How can I get my deposit back?  
I want to get out of my tenancy agreement  
My house is a dump

Money:

Can I get help with health costs?  
Do I have to pay tax and national insurance?  
Help I'm skint  
How can I fund my course?  
I'm really bad with money  
My boss owes me money

General

How do I complain about the University?  
I've got a University disciplinary hearing

Advice & Representation Centre  
1st Floor, Falmer House, Brighton, BN1 9QF  
Tel: 01273 877038 Fax: 01273 873501  
Email: [advice@ussu.sussex.ac.uk](mailto:advice@ussu.sussex.ac.uk)  
Web: [www.sussexstudent.com/advice](http://www.sussexstudent.com/advice)



Advice & Representation



You can cut down on your energy bills (and help save the planet!) by taking practical steps, such as these:

- Turn lights off in empty rooms.
- Get energy efficient light bulbs.
- Turn off TVs, computers etc - don't leave them on stand-by mode.
- Only keep mobile phone chargers plugged in while they're actually charging - don't leave them charging overnight if not needed.
- Cup of tea/ coffee? Only fill up the kettle with the amount of water needed for the cups you're making.

You could also see if it's worth switching to another energy supplier and checking out if you're eligible for a grant to help with your energy bills.

For further information see the resources listed on the right.

### **Leaflets/resources available from the Advice & Representation Centre:**

- Moving On - a student housing resource guide (produced by the Advice & Representation Centre).

### **Websites:**

- Advice & Representation Centre housing advice pages at [www.sussexstudent.com/advice](http://www.sussexstudent.com/advice)
- Energy Saving Trust - tips on practical energy efficiency steps you can take - [www.est.org.uk/myhome](http://www.est.org.uk/myhome)
- Compare prices of gas, electricity and water suppliers at [www.uswitch.com](http://www.uswitch.com) and [www.confused.com](http://www.confused.com)
- EDF Energy Trust - if you are an EDF Energy customer and on a low income you may be eligible for a grant to help pay your energy bills - [www.edfenergytrust.org.uk](http://www.edfenergytrust.org.uk)
- British Gas Energy Trust - if you are a British or Scottish Gas customer you may also be eligible to apply for a grant to help pay your energy bills - [www.britishgasenergytrust.org.uk](http://www.britishgasenergytrust.org.uk).

### **Talk to someone:**

- Advice and Representation Centre ([www.sussexstudent.com/advice](http://www.sussexstudent.com/advice)) email [advice@ussu.sussex.ac.uk](mailto:advice@ussu.sussex.ac.uk) or ring 01273 877038.

